

Tuesday, November 30 6:30 – 8:30 PM

Spellman
Education Center
782 Springdale Drive
Exton, PA

**Registration Link:** wcctc.org/meet

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR (*Question, Persuade, Refer*) learn how to recognize the warning signs of a suicidal crisis and how to question, persuade, and refer someone to help.

QPR is a nationally recognized suicide prevention training researched and developed by Paul Quinnett, PhD, a clinical psychologist and founder of the QPR Institute, (qprinstitute.com). The program was created for every-day citizens, and requires no clinical training or education.

Upon completion of the 2-hour IN PERSON class, participants are certified QPR Gatekeepers, trained to recognize and refer someone who is at risk of suicide.

Take this class to become a Gatekeeper.





